

#3 Control Your Time STUCK! How to Reach Your Full Potential

A. Eph 5:14-15, “Wake up, O Sleeper! Rise up from the dead, and Christ will shine in you. Be very careful how you live; not as unwise, but wise, making the most of every _____, because the days are evil.”

1. Great opportunities are not always readily available to us
2. Sometimes, if you miss an opportunity, you will *not* get a _____ chance
3. When you *do* have the opportunity to do something wonderful, to make the most of a situation, *take advantage of it!*
 - a) in terms of Eph 5, “make the most of it!”
4. They took risks because they believed that an opportunity was at hand, and they did not want to miss it

B. Are you making the most of *your* opportunities?

C. What you do with your _____ (and thus, opportunities) ultimately determines everything else you do and have in life

D. When Paul talks about using our time to maximize opportunities, the opportunities are not simply “_____” opportunities, rather they also are the smaller, everyday opportunities to live and enjoy and grow closer to God and others; opportunities to build up your treasures in heaven

1. Most of us define our opportunities in terms of what we can _____, acquire, or achieve; short-term, one-time events or accomplishments
2. However, what if our opportunities are also found in terms of what is happening to us as we _____ for the race, prepare for the event, or rehearse for the concert?
3. The real opportunities aren’t simply found in the resolution of one-time events, rather they are found in how we handle our *time* all along the journey
4. Sometimes, making the most of an opportunity is to simply make the *most* of your time by using your time to become the healthiest and holiest person you can be
5. What it is *not*, though, is to simply go through the motions of life, allowing your _____ circumstances to dictate who you are and what you do

E. Illustration – The Cuckoo Bird: *Lesson?*

F. Whatever you feed, that is what will grow and thrive; and your time, is your “food” of life. Control your time, use your time wisely, and quite literally, you will maximize your opportunities, and find yourself well down the road towards reaching your full potential.

A. opportunity 2. second C. time D. grand 1. win 2. train 5. external