

Sacred Spaces Series: The Gospel of Mark

- A. Mark 1:35 - Jesus left the house and went off _____ to a solitary place
- B. Bob the boat-builder
- 1) His passion for a life _____ has lifted that very experience out of his life
 - a) The harder we hammer nails, the more unfurled our sails will become.
 - b) The faster the lanes in life get, the more fatal our inability to slow down.
 - c) The hotter the culture gets, the cooler the soul's core becomes.
 - d) The more our lives accelerate, the more your soul will _____
- C. Godly people have figured out how to become masters of their own _____
- D. Your most precious commodity is your time.
- E. Time has replaced money as the prime scarcity of this new world we live in
- 1) Some of our deepest problems are not those of not working hard enough to get ahead; rather, our real problem is that we do not have enough sacred space in our lives to let our _____ catch up to where we have been and are working.
- F. Many of the disciples were fishermen for a reason
- 1) When you are not catching fish, you *can be* catching your _____
- G. Spirit = pneuma (Greek for wind, breath)
- 1) a "spiritual" life is one that is able to "catch your breath"
 - q) if you do not pause to breathe, you cannot be a truly spiritual person; If you do not catch your God-breath on a regular basis, you are *not* a spiritual person, no matter what you may claim to be
 - 2) to be spiritual *means* to breathe God
- H. Creating sacred spaces is about a lifestyle, about learning how to control your time, so you in turn can give God control of your _____
- I. 4 Types of Sacred Spaces to integrate into our lives:
1. Wasted Space (Keep the Sabbath holy)
 - deliberately doing "nothing" so God can do something in your soul
 2. Siesta
 - taking naps
 3. Slowing the Flow
 - deliberately slowing down your schedule; scheduling/doing less
 4. "Spirit-soaking"
 - immersing yourself in God-stuff (Bible reading, Christian music, retreats, etc

A. alone B. experience a. deteriorate C. time E. souls F. breath H. life